



Press Information

EHC25: 19th European Headache Congress from 3 to 6 December 2025 in Lisboa

“Transforming Challenges into Solutions” – International congress on headache and facial pain

Lisboa. The exciting theme of this year's EHC25 is 'Transforming Challenges into Solutions'. From 3 - 6 December, experts from all over the world will meet at the CCL, Lisbon Congress Centre, to present new scientific findings on the prevention, diagnosis and treatment of headaches and migraines, addressing key issues in headache medicine and shaping the future of the field. The congress participants can look forward to high-level plenaries, cutting-edge debate sessions, interactive teaching courses, forward-looking updates, and interesting poster presentations.

“It is a chance to connect, learn, and be inspired – where science meets collaboration, and challenges turn into solutions”, emphasise the two co-chairs of EHC25, **Prof. Raquel Gil-Gouveia**, Dept. of Neurology Hospital da Luz, Lisbon/Portugal and **Dr. Christina Deligianni**, Dept. of Neurology, Athens Naval Hospital, Athens/Greece. “Welcome to the European Headache Congress 2025, the NEXT BIG THING in the Headache field, in the vibrant and historic city of Lisbon!”

As the co-chairs affirm, the congress is not just about learning – it’s about engaging, exchanging, and inspiring. From cutting-edge discoveries to practical strategies that improve patient care, expect dynamic and interactive sessions designed to enhance participation, stimulate debate, and leave the participants empowered as part of a strong European team driving headache science forward. They will have the chance to network, brainstorm, and connect with peers, opinion leaders, and innovators.

As in the previous years, the congress will offer a comprehensive and varied programme for practising physicians as well as researchers and all healthcare professions in this field, providing an update on the current state of research and clinical care. Main topics will be Basic and Translational Science in Headache Pathophysiology, Advancements in Therapeutics, Personalized and Preventive Approaches, Clinical Outcomes and Metrics. In addition, the topics of healthcare systems and healthcare provision, diagnosis and treatment pathways, education and advocacy, equality and special population groups are also covered.

The popular teaching courses, eagerly awaited as well, will be offered with two themes on each of the four days of the congress. The sessions include, for example: “Headache during Pregnancy and Lactation”, “AI Real Life Applications in the Headache Field in 2025” and Interventional Approaches in Headache Practice: Hands-on Botulinum Toxin for Headache Disorders. The topic “Interventional Approaches in

Congress Co-Chairs

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Scientific Organiser

European Headache Federation
<https://www.ehf-headache.com/>

Venue

CCL–Lisbon Congress Centre

Praça das Indústrias 1
1300-307 Lisboa, Portugal

Congress Organisation

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EHC25

19th European Headache Congress

3–6 December 2025 | Lisbon (Portugal) | hybrid

european
headache
federation

Transforming Challenges Into Solutions

www.headache-congress.org



Headache Practice“ provide a comprehensive overview of peripheral nerve blocks (PNBs) as a therapeutic option in headache disorders. Practical exercises on anatomical models enable participants to develop confidence and precision in performing nerve blocks. This sessions combine evidence-based teaching with practical application.

All information and the conference programme can be found at: <https://headache-congress.org/>

The scientific organiser is EHF (European Headache Federation). Since its foundation in 1992, EHF, the non-profit organisation has sought to improve the life of those affected by headache in Europe. To do so, EHF dedicates its efforts to improving awareness of headache disorders and their impact amongst governments, health care providers and consumers across Europe.

Further information about the EHF can be found [here](#).

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Media representatives are cordially invited to attend the congress! We look forward to your coverage. We will be happy to arrange interviews for you. Accreditation is available via the congress website or directly via the press contact.

This press release is approved for publication.

Please send us a copy if you reprint it.

Congress Co-Chairs

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